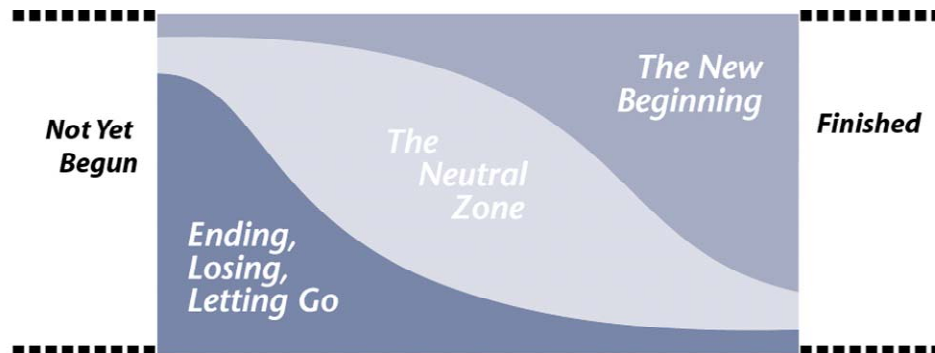

Worksheet #3

Transition Map

Now that you have an idea of what we mean by change and transition:

- ▶ Take a look at the model below and put an “x” where you think you are right now in your own adjustment to a particular significant change

Where Are People In The Transition Process?



- ▶ Now do three things:
 1. Name the change: _____
 2. Put today's date here: _____
 3. Put a reminder in your calendar for Part II of our workshop, August 5, 2009, *The Human Side of Change: Strategies to Successfully Manage Transition*, in which we will work through the process of transition using the change you identified above.