

## **FAMILY**

### **TOP 3**

Our children are the arrows we send into the future – aim carefully.

Our families are a gift from God. Our family members should be cherished for the gifts they are.

Accept them for who they are and love them even though you don't always agree with them.

### **NEXT TOP 7**

Don't let your pride get in the way of allowing others to help you.

Cherish every moment with loved ones and be present in the conversation. Don't waste those moments worrying.

Tell your parents that you love them; after they're gone, it's too late.

Family is not just blood relatives; consider your extended family.

Celebrate your children and spouse; their achievements and failures.

Remember that your job loss has affected your family's routine as much as it has yours.

Good Lord didn't put me here for a long time; he put me here for a good time.

### **FAMILY ALL OTHER**

Spend time with *all* of your family.

Ask for help; family (blood or not) will be there when you ask.

Even if you don't have a blood family you can have "in friends", family in common interest groups.

When conflict arises, have patience and disengage with grace.

Bringing in relatives from out of town for family dinner; no one knows.

Family/God first over all other things.

Family is your treasure chest.

Get together wherever, whenever and often.

Take strategic breaks to maintain perspective and equanimity. Take care of yourself too, in order to give your best to others.

Try and stand back and relax and enjoy.

Visits – before you go, find one thing you like or admire about each family member even the sister-in-law who makes you crazy. For siblings or parents, find one sweet memory from Christmas when you were young and in the same house. Maybe it's a compliment for mom about the special thing she did for the holidays, for a brother reminding him of a kindness he did for you.

Accept family members for who they are (not how you want them to be) helps when dealing with them.

Family and Friends have to be nurtured and are a great support system.

When you're mad or slighted, just go and touch that person ... even clandestinely.

Keep family uppermost in your thoughts and life.

Complicated, but extremely fulfilling.

We don't get to decide how our family shows up – what emotions, attitudes and past memories they bring – we do get to decide if we'll accept them as they are.

Do the best you can with who you have.

Pray together

The greatest gift is to know we are loved.

Tell someone that you love them before it is too late.

Accept people for who they are.

Embrace the individuality of each family member and celebrate it.

Your most important gift is your time.

Let go of your expectations.

Children can be taught gratitude by parents who lead by example.

Treasure all those idiosyncrasies that may usually bother you!

Love, support, encouragement, understanding, motivation

Family is what matters.

Family is life's greatest riches.

Family time is the best!!

Family is your longest-term gift

Enjoy (for those with them) enjoy the grandkids.

Go around and have each family member say what they appreciate about each family member.

Let people be themselves.

Would you rather be right or happy?

Just tell them what you need. They want to help but are afraid to ask or will say something wrong.

Our children are our biographers.

Family is your center and support. Holidays are family. Reach out and bond with family.

Greet & Meet every family member with a kiss for the ladies and a handshake for the men.